Menu Item (Serving Size)	Calories (Kcal)	Total Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Protein (g)	Potassium (mg)	Allergen(s)
Category: Milk									
MILK, 1% WHITE (1 ea.)	110.00	2.50	15.00	130.00	12.00	0.00	8.00	399.97	Contains Milk.
MILK, SKIM WHITE (1 ea.)	90.00	0.00	5.00	130.00	12.00	0.00	8.00	399.97	Contains Milk.
SOY MILK, VERY VANILLA (1 ea.)	150.00	4.50	0.00	80.00	18.00	2.00	8.00		Contains Soy.
Category: Meat / Meat Alternate									
BAKED POTATO W/ MARGARINE, CHEESE, SOUR CREAM & CRACKERS (1 ea.)	690.40	29.36	80.00	813.00	80.22	8.16	22.00	79.9	Contains Gluten, Milk, Potatoes, Soy, Wheat.
BAKED POTATO W/ MARGARINE, CHEESE, SOUR CREAM & CRACKERS AND BROCCOLI CHEESE SOUP (1 ea.)	901.28	41.42	103.82	1327.83	96.15	10.20	31.69	381.76	Contains Chicken, Corn/Corn Products, Gluten, Milk, Potatoes, Soy, Wheat. May contain Egg.
BREADED CHICKEN DRUMSTICK - 2 LEGS (1 serv.)	683.42	40.38	186.39	1646.41	18.64	3.11	59.02	963.62	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Wheat.
CALZONE (PEPPERONI) W/ MARINARA SAUCE (1 ea.)	421.24	19.38	35.00	675.26	42.21	3.36	23.36	469.48	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Oranges/Orange Juice, Pork, Soy, Tomatoes, Wheat.
CALZONE (PERSONAL PEPPERONI PIZZA) (1 ea.)	360.00	17.00	35.00	580.00	32.00	2.00	22.00	0	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Oranges/Orange Juice, Pork, Soy, Tomatoes, Wheat.
CHEESEBURGER (1 ea.)	385.00	18.50	82.50	535.00	29.00	4.00	27.50	0	Contains Beef, Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
CHEESEBURGER W/ BAKED BEANS (1 ea.)	535.01	18.50	82.50	905.03	59.00	9.00	34.50	369.92	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
CHEESEBURGER W/ SWEET CORN (1 ea.)	469.96	20.51	82.50	546.81	46.32	5.65	29.97	0	Contains Beef, Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
CHEESEBURGER W/ TATER TOTS (1 ea.)	495.69	24.54	82.50	846.93	43.09	5.01	28.51	211.31	Contains Beef, Corn/Corn Products, Gluten, Milk, Potatoes, Soy, Sunflower Seeds, Wheat.
CHICKEN FAJITAS W/ TACO SEASONING (1 serv.)	113.29	3.57	65.97	644.41	2.69	0.45	16.05		Contains Chicken, Corn/Corn Products, Garlic, Gluten, Potatoes, Wheat.
CHICKEN NUGGETS W/ MASHED POTATOES & TX TOAST (1 serv.)	554.53	21.71	60.00	1463.29	63.30	3.41	28.61	880.73	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Sunflower Seeds, Wheat. May contain Egg.
CHICKEN NUGGETS (5 pc.)	240.00	14.00	20.00	470.00	16.00	3.00	13.00	320.07	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
CHICKEN TENDERS (3 pc.)	288.56	13.67	60.75	470.81	16.71	1.52	24.30	698.82	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
COBB SALAD W/ HAM & TX TOAST (1 ea.)	373.32	19.27	142.57	837.33	28.66	2.71	25.34	774.09	Contains Corn/Corn Products, Egg, Gluten, Milk, Soy, Sunflower Seeds, Tomatoes, Turkey, Wheat.
COBB SALAD W/ HAM & WG ROLL (1 ea.)	357.66	14.91	142.9	854.71	35.95	5.26	25.43	808.8	Contains Egg, Gluten, Milk, Soy, Tomatoes, Turkey, Wheat.
CRISPY CHICKEN BURGER W/ TATER TOTS (1 ea.)	490.69	19.04	50.00	951.93	56.09	7.01	29.01	901.31	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Potatoes, Soy, Sunflower Seeds, Wheat.
CRISPY CHICKEN SANDWICH (1 ea.)	380.00	13.00	50.00	640.00	42.00	6.00	28.00	690	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
FRUIT & YOGURT SALAD (W/ CONTAINER YOGURT) (1 ea.)	454.08	10.13	25.00	388.15	78.64	7.79	17.35	526.24	Contains Cinnamon, Corn/Corn Products, Gluten, Milk, Oats/Oat Products, Oranges/Orange Juice, Soy, Strawberries, Wheat.
GENERAL TSO CHICKEN (1 serving (4)	216.49	7.22	51.55	463.91	24.74	1.03	12.37	0	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Sesame, Soy, Wheat.

GRILLED CHEESE ON TX TOAST (1 ea.)	493.33	24.67	50.00	976.67	48.00	0.00	20.00	158	Contains Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
GRILLED CHEESE ON TX TOAST W/ BAKED BEANS (1 ea.)	643.35	24.67	50.00	1346.69	78.00	5.00	27.00	527.92	Contains Corn/Corn Products, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
GRILLED CHEESE ON TX TOAST W/ SWEET CORN (1 ea.)	578.30	26.67	50.00	988.48	65.32	1.65	22.47	158	Contains Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
GRILLED CHEESE ON TX TOAST W/ TATER TOTS (1 ea.)	604.02	30.70	50.00	1288.60	62.09	1.01	21.01	369.31	Contains Corn/Corn Products, Gluten, Milk, Potatoes, Soy, Sunflower Seeds, Wheat.
HAM HOAGIE (1 serv.)	337.12	15.45	56.76	896.63	33.08	2.01	16.81	60.52	Contains Gluten, Milk, Pork, Soy, Wheat.
HAM HOAGIE W/ CARROTS (1 serv.)	361.96	16.91	47.16	932.70	39.13	3.66	13.12	194.9	Contains Carrot, Corn/Corn Products, Egg, Gluten, Milk, Pork, Soy, Wheat.
HERB ROASTED CHICKEN (1 serv.)	297.07	20.61	88.32	452.38	0.99	0.57	25.12	15.06	Contains Chicken, Milk, Soy.
MOZZARELLA STICKS, BREADED W/ MARINARA SAUCE (5 ea.)	361.24	14.38	35.00	535.26	43.21	4.36	17.36	469.48	Contains Corn/Corn Products, Garlic, Gluten, Milk, Soy, Tomatoes, Wheat.
PIZZA, CHEESE (1 ea.)	361.28	15.25	50.00	820.19	39.51	1.67	19.92	42.3	Contains Corn/Corn Products, Garlic, Gluten, Milk, Soy, Tomatoes, Wheat.
PIZZA, JALAPENO PEPPERONI (1 ea.)	411.66	19.84	60.81	1065.16	39.95	1.82	21.96	80	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Pork, Soy, Tomatoes, Wheat.
PIZZA, MEGA MEAT, WG, 16" (1 slice)	460.00	19.00	30.00	720.00	46.00	4.00	25.00	0	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Oranges/Orange Juice, Pork, Soy, Tomatoes, Wheat.
PIZZA, PEPPERONI (1 ea.)	410.53	19.82	60.81	987.24	39.70	1.72	21.93	70.36	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Pork, Soy, Tomatoes, Wheat.
POPCORN CHICKEN MASHED POTATO BOWL w/ HOMEMADE ROLL (1 serv.)	665.53	29.20	52.45	1662.38	72.47	7.8	30.04	1254.95	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Turkey, Wheat. May contain Egg.
SPICY CHICKEN SANDWICH (1 ea.)	350.00	13.00	55.00	630.00	40.00	5.00	22.00	400	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
SPICY CHICKEN SANDWICH W/ BAKED BEANS (1 ea.)	500.01	13.00	55.00	1000.03	70.00	10.00	29.00	769.92	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
SPICY CHICKEN SANDWICH W/ SWEET CORN (1 ea.)	434.96	15.01	55.00	641.81	57.32	6.65	24.47	400	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Soy, Wheat.
SPICY CHICKEN SANDWICH W/ TATER TOTS (1 ea.)	460.69	19.04	55.00	941.93	54.09	6.01	23.01	611.31	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Potatoes, Soy, Sunflower Seeds, Wheat.
STEAK FINGERS, WG (4 pcs.)	290.00	18.00	65.00	510.00	16.00	2.00	16.00		Contains Beef, Chicken, Corn/Corn Products, Garlic, Gluten, Potatoes, Soy, Wheat.
TACO GROUND BEEF (2 oz.)	130.18	8.96	38.81	216.63	1.56	0.78	10.45	0	Contains Beef, Corn/Corn Products, Garlic, Gluten, Potatoes, Wheat.
TANGERINE CHICKEN(1 serving (4)	195.87	4.12	46.39	391.75	25.77	2.06	14.43	0	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Oranges/Orange Juice, Soy, Wheat.
TEXAS PETE'S ROASTED CHICKEN (1 serv.)	591.30	33.79	217.88	233.79	0.00	0.00	67.58	553.44	Contains Chicken, Corn/Corn Products.
TEXAS RANCH SALAD W/ TX TOAST (1 ea.)	491.78	24.73	157.00	1950.57	38.11	2.62	29.83	389.11	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Tomatoes, Wheat. Processed in a facility that also processes Tree nuts.
TURKEY & DRESSING (AKA TURKEY SUPREME) (1 serving)	356.51	13.11	84.71	797.92	35.59	4.35	24.21	672.19	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Turkey, Wheat.
Category: Bread / Grain; May Choose: 1									

ASIAN STYLE RICE (1 c.)	357.88	7.06	0.00	1029.37	65.45	3.54	8.75	177.9	Contains Gluten, Milk, Soy, Wheat.
NACHO CHIPS, WG (20 chip)	280.00	14.00	0.00	300.00	34.00	2.00	4.00		Contains Corn/Corn Products.
ROLL, HOMEMADE WHEAT, 2 oz (1 Each (2 oz)	171.01	4.47	0.33	290.71	29.29	2.55	5.09	113.71	Contains Gluten, Milk, Soy, Wheat.
TEXAS TOAST (1 ea.)	186.67	8.83	0.00	273.33	22.00	0.00	5.00	79.00	Contains Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
TORTILLAS, FLOUR, SOFT (2 tortilla m)	180.00	4.00	0.00	600.00	32.00	0.00	6.00	114.00	Contains Corn/Corn Products, Gluten, Wheat.
Category: Fruit									
APPLE, FRESH, GREEN (1 ea.)	94.64	0.31	0.00	1.82	25.13	4.37	0.47	194.74	Contains Apples.
APPLE, FRESH, RED (1 ea.)	107.38	0.36	0.00	1.82	25.59	4.19	0.49	189.04	Contains Apples.
APPLESAUCE, PLAIN, UNSWEETENED (1/2 c)	50	0	0	1	14	1	1	0	Contains Apples.
APPLESAUCE CUPS (1 ea.)	60	0	0	15	14	1	0		Contains Apples.
BANANA, FRESH (1 ea.)	119.04	0.42	0.00	1.28	29.23	3.33	1.40	458.24	
MANDARIN ORANGES (1/2 c)	86.67	0	0	12.48	21.15	1.21	1.21	148.2	Contains Oranges/Orange Juice.
MIXED BERRIES CUP (1 ea.)	90	0	0	0	20	2	0		Contains Strawberries.
ORANGES, FRESH (1 ea.)	61.57	0.16	0.00	0.00	15.39	3.14	1.23	237.11	Contains Oranges/Orange Juice.
STRAWBERRY CUP, DICED (1/2 c)	80	0	0	1	21	2	0		Contains Strawberries.
Category: Vegetable									
BABY CARROT & CUCUMBER SLICES (1 ea.)	17.81	0.09	0.00	28.20	4.23	1.20	0.46	137.22	Contains Carrot.
BABY CARROTS, FRESH (1/2 c.)	24.81	0.09	0.00	55.28	5.84	2.06	0.45	167.97	Contains Carrot.
BROCCOLI DIPPERS, FRESH (1/2 c.)	10.76	0.12	0.00	10.44	2.10	0.82	0.89	100.00	
BROCCOLI, STEAMED & SEASONED (1/2 c.)	29.53	1.57	0.00	30.96	3.05	2.29	1.52	137.23	Contains Milk, Soy.
BURGER SALAD (SHREDDED DARK LEAFY LETTUCE & TOMATO SLICES) (1 ea.)	11.96	0.13	0.00	10.09	2.49	0.88	0.76	54.97	Contains Tomatoes.
BUSH'S BAKED BEANS (1 c.)	300.02	0.00	0.00	740.06	60.00	10.00	14.00	739.84	Contains Corn/Corn Products, Garlic.
CORN W/ MARGARINE (1/2 c.)	84.96	2.01	0.00	11.81	17.32	1.65	2.47	0	Contains Corn/Corn Products, Milk, Soy.
FRIES, CRINKLE CUT (1/2 cup)	118.56	3.56	0.00	201.54	17.78	2.37	1.19	249.07	Contains Corn/Corn Products, Garlic, Potatoes, Soy, Sunflower Seeds.
GREEN BEANS, SEASONED (1/2 c.)	16.06	0.37	0.00	145.19	2.54	1.27	0.64	63.7	Contains Milk, Soy.
LETTUCE, DARKY LEAFY, FRESH, SHREDDED (1 oz)	6.45	0.06	0.00	12.06	1.23	0.56	0.59	83.37	

MASHED POTATOES (1/2 c.)	70.46	1.01	0.00	345.35	14.09	1.01	2.01	323.15	Contains Milk, Potatoes.
REFRIED BEANS (1/2 c.)	152.01	3.62	5.00	226.51	22.50	7.02	7.35		Contains Corn/Corn Products, Garlic, Milk, Soy, Tomatoes.
ROASTED BROCCOLI (1/2 c.)	45.24	2.02	0.00	312.87	6.02	2.36	2.56	286.73	Contains Soy.
ROMAINE SALAD W/ CHERRY TOMATOES (1 ea.)	16.41	0.21	0.00	14.46	3.38	1.38	0.98	107.53	Contains Tomatoes.
TATER TOTS (1/2 c.)	122.06	6.66	0.00	343.98	15.54	1.11	1.11	233.02	Contains Corn/Corn Products, Potatoes, Soy, Sunflower Seeds.
TEXAS SALAD (1 ea.)	162.53	7.75	15.00	367.64	18.57	1.38	7.01	107.53	Contains Gluten, Milk, Sunflower Seeds, Tomatoes, Wheat. Processed in a facility that also processes Tree nuts.
TOMATOES, DICED (2 tbsp.)	4.67	0.05	0.00	1.30	1.02	0.31	0.23		Contains Tomatoes.
Category: Soups									
WILD WEST CHILI, (1 cup)	40.00	0.00	0.00	65.00	10.00	0.00	0.00	133.00	Contains Beef, Corn/Corn Products, Garlic, Soy, Tomatoes.
Category: Condiments									
BBQ SAUCE, DUNK CUP (1 ea.)	40.00	0.00	0.00	65.00	10.00	0.00	0.00	133.00	Contains Corn/Corn Products, Garlic, Soy, Tomatoes.
GRAVY, PEPPER (1 oz.)	20.16	1.01	0.00	71.32	3.02	0.00	0.00	15.41	Contains Corn/Corn Products, Gluten, Milk, Wheat. May contain Egg, Soy.
ITALIAN DRESSING, FAT FREE (1 1/2 oz.)	20.58	0.00	0.00	672.17	4.12	0.00	0.00	0.00	Contains Corn/Corn Products, Garlic.
JALAPENOS, SLICED (1 oz.)	4.52	0.06	0.00	311.67	1.00	0.40	0.14	38.54	
KETCHUP, PC (2 ea.)	20.00	0.00	0.00	50.00	4.00	0.00	0.00	62.00	Contains Corn/Corn Products, Garlic, Tomatoes.
MAYO, LIGHT, PC (1 ea.)	35.00	3.00	5.00	115.00	3.00	0.00	0.00	0.00	Contains Corn/Corn Products, Egg, Soy.
MUSTARD, PC (1 ea.)	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	Contains Corn/Corn Products.
PARMESAN CHEESE, GRATED, PC (1 ea.)	15.00	1.00	5.00	35.00	1.00	0.00	1.00	0.00	Contains Corn/Corn Products, Milk.
PICKLES, SLICED (4 slice)	0.00	0.00	0.00	120.00	0.00	0.00	0.00	8.89	Contains Corn/Corn Products, Garlic.
RANCH DRESSING (2 oz.)	117.91	10.73	12.29	519.31	3.71	0.00	1.13	51.23	Contains Corn/Corn Products, Egg, Garlic, Milk, Soy.
RANCH DRESSING, FAT FREE, PC (1 ea.)	9.30	0.05	0.13	126.38	2.31	0.04	0.19		Contains Corn/Corn Products, Egg, Garlic, Milk, Soy.
RED PEPPER PACKET (1 ea.)	5.00	0.00	0.00	0.00	0.00	0.00	0.00		
SALSA (1/4 c.)	20.00	0.00	0.00	140.00	4.00	2.00	0.00		Contains Corn/Corn Products, Garlic, Tomatoes.
SOUR CREAM, PC (1oz)(1 ea.)	60.00	5.00	20.00	15.00	1.00	0.00	1.00		Contains Milk.
SYRUP, 1.5 OZ PC (1 pck)	120	0	0	0	31	0	0		Contains Corn/Corn Products.
Category: Other									

CHEESE SAUCE, ROTEL (2 oz.)	58.62	3.79	0.20	466.69	5.51	0.10	0.41	26.63	Contains Corn/Corn Products, Milk, Tomatoes.
CHIPS, DORITOS, RF COOL RANCH (1 ea.)	130.00	5.00	0.00	160.00	20.00	2.00	2.00	39 95	Contains Corn/Corn Products, Garlic, Milk, Red Dye, Sunflower Seeds, Tomatoes.
COOKIE, TURKEY SHAPED, IW	130.00	4.5	10	100	22	1	2	33	Contains Egg, Gluten, Milk, Red Dye, Wheat.
ITALIAN ICE - CRYBABY SOUR CHERRY (1 ea.)	99	0	0	15	25	0	0		Contains Apples.